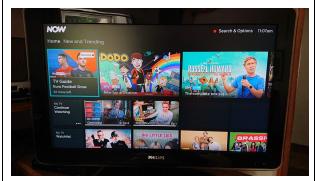


Turn on the TV and youview box



Using the menu button on the youview remote, navigate to the apps and select NowTV





Once NowTV has loaded you will be able to choose from a selection of programs.